

# Training Requirements for Assisted Living Facilities (ALF)

- Review [Understand the Long Term Care Worker training requirements](#) for more explanation of what the 75 hour training includes.
- Learn what you need to do to [teach your own staff](#).

Type of Training	ALF Administrator or Designee	ALF LTC Worker	Is DSHS Required to Approve Curriculum?
<b>First Aid And CPR</b>	Within 30 days of employment; maintain valid card.	<b>Within 30 days of employment;</b> maintain valid card.	NO
<b>Orientation 2 hours</b>	Prior to providing care to a resident unless exempt from training.	<b>Prior to providing care</b> unless exempt from training.	YES
<b>Safety Training 3 hours</b>	Prior to providing care to a resident unless exempt from training.	<b>Prior to providing care</b> to a resident unless exempt from training.	YES
<b>70 hours basic training</b>	Within 120 days of employment unless exempt from training.	<b>Within 120 days of employment</b> unless exempt from training.	YES
<b>Continuing Education (CE)</b>	12 hrs per year beginning 7/1/2012 by birthdate. Learn more about <a href="#">who has to take CE and when</a> .	<b>12 hrs per year beginning 7/1/2012 by birthdate.</b>	YES
<b>HIV/AIDs</b>	All ALF staff, 2 hrs within 30 days of employment. Basic training includes this.	All ALF staff, 2 hrs within 30 days of employment. Basic training includes this.	
<b>Nurse Delegation Core and Diabetes</b>	Must be a Nursing Assistant Registered, Nursing Assistant Certified, or Certified Home Care Aide and complete ND core training before accepting a delegated task.	Must be a Nursing Assistant Registered or Certified, or Certified Home Care Aide and complete ND core training before accepting a delegated task. Must complete <i>Special Focus on Diabetes</i> training before accepting insulin injections as delegated task.	Must use DSHS curriculum. Instructors must be DSHS contracted community instructors.
<b>Specialty Training</b>	If an ALF serves one or more residents with special needs, the administrator or designee must complete manager specialty training and demonstrate competency by passing the DSHS test.  If a resident develops special needs while living in an ALF without a specialty designation, the administrator or designee have 120 days to complete manager specialty training and demonstrate competency.	If an ALF serves one or more residents with special needs, all LTC workers must receive training regarding the specialty needs of individual residents in the facility.	YES  Instructors must be DSHS contracted community instructors to provide manager specialty training.